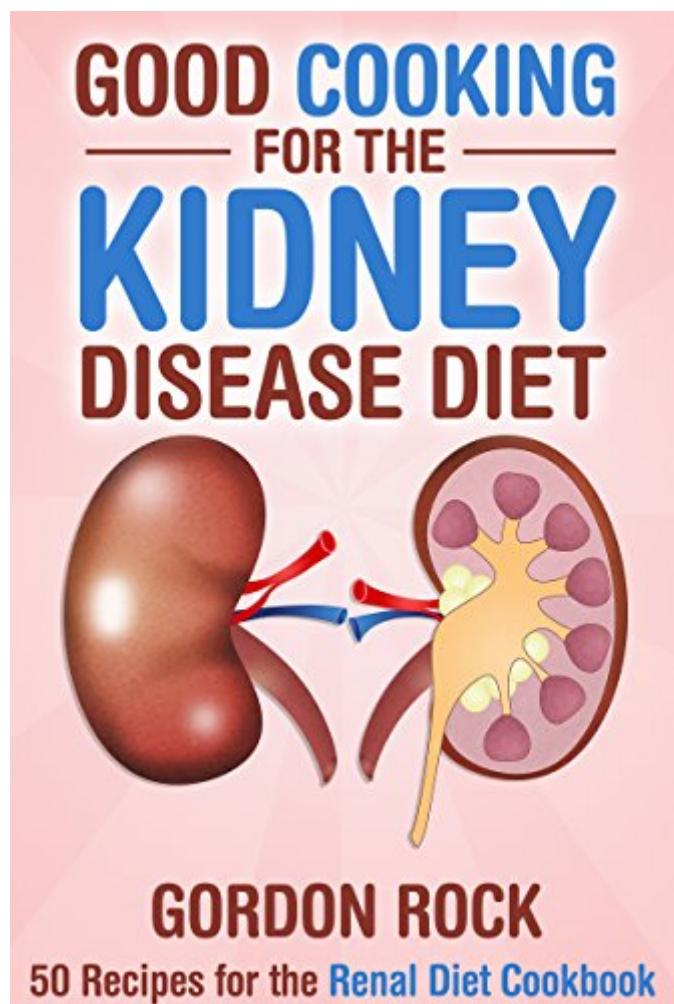


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# Good Cooking For The Kidney Disease Diet: 50 Recipes For The Renal Diet Cookbook



## Synopsis

50 Recipes for the Renal Diet CookbookAre you convinced that the Kidney Disease Diet means totally abandoning your favorite foods and tastes? Well think again! You need to read: Good Cooking for the Kidney Disease Diet: 50 Recipes for the Renal Diet Cookbook, it is chocked full of delicious dishes to help you enjoy wholesome, healthy food! It's not like any other Renal Diet Cookbook as it teaches you how to unlock the natural flavors of your foods using basic everyday kitchen items. Also unlike any other Kidney Health Cookbook is that it does not fall back solely on no-salt seasoning, and instead strives to strike a balance that you can go on to apply to favs and remain within the kidney disease diet. This is a must have kidney health cookbook, so what are you waiting for? Let's get cooking! ==> BUY THIS BOOK TODAY AND GET BONUS COOKBOOK INSIDE!!

## Book Information

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## Customer Reviews

I am very disappointed that this is referred to as a cookbook for those with Kidney Disease since the Nutritional Information does not list the phosphorus which is a very important part of the Dialysis Diet. All foods contain phosphorus and looking it up takes time, so when I saw this book advertised I

naturally thought it would list that information in the recipe. I do not believe you should advertise this as a Kidney Disease cook book.

when my father was diagnosed with kidney disease i was shocked and nervous and didn't know how i could help. well, with his strict diet, and these delicious recipes, we were able to keep his kidney disease in check and keep him on the right path to recovery, i haven't heard any complaints and this cookbook has been my life saver

i try to be as healthy and as proactive as possible. call me paranoid but i like to eat at least one meal a week that is really good for me (without losing any flavor) this book is one way that i can stay proactive and can stay ahead of the game, i take plenty of vitamins and try to protect everything on the inside of my body but what good is it if i don't eat properly this book helps me make delicious healthy meals for my kidneys and helps keep me healthy .

I bought this for an elderly gentleman from my Church that I've been sitting with every day for the past 15 months. He has diabetes and renal failure (among a slew of other complications) and is completely bed ridden. I got this book for his wife because he is an incredibly picky eater - but because his diet has to be so specific (low to no sodium and very low phosphorous) it was very difficult for his wife to make him anything he enjoyed. So I got this book as a gift for them. She's made about 20 of the dishes and we've enjoyed every single one of them. Sometimes the ingredients can be hard to come by, but its worth it to keep him fed and healthy and happy.

This book has some good recipes but in a lot of the recipes, the ingredients do not match the instructions.

Gift for a family member recently dealing with Kidney disease diagnosis and the change in diet that is required. The cookbook helps to guide her in her decisions about what to eat.

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